

# Old Fashioned Beans & Favorites



*Fresh Off the Docks of Maine!*



- All-natural comfort foods
- Simple packaging that sells
- Understandable ingredients
- Small, hand-crafted 60 gallon batches
- Vegetarian Baked Beans
- Traditional New England Indian Pudding

*We first created our old fashioned beans and favorite Indian Pudding as a delicious complement to our great seafood products. We believe you will find them a perfect addition to your favorite family meals. We create our foods in small batches with simple, all-natural ingredients, like people on the Maine coast have been doing for generations. Bar Harbor® is a special place. You can taste it!*

*Pure all-natural ingredients speak for themselves!*

*Bar Harbor® is a special place... you can taste it!*

Pea Beans



**Ingredients:** Pea Beans, Water, Fancy Grade-A Molasses, Evaporated Cane Juice, Salt and Proprietary Spices.  
**No artificial preservatives! No MSG!  
No Trans Fat!**

Yellow Eye Beans



**Ingredients:** Yellow Eye Beans, Water, Fancy Grade-A Molasses, Evaporated Cane Juice, Salt and Proprietary Spices.  
**No artificial preservatives! No MSG!  
No Trans Fat!**

Soldier Beans



**Ingredients:** Soldier Beans, Water, Fancy Grade-A Molasses, Evaporated Cane Juice, Salt and Proprietary Spices.  
**No artificial preservatives! No MSG!  
No Trans Fat!**

Red Kidney Beans



**Ingredients:** Red Kidney Beans, Water, Fancy Grade-A Molasses, Evaporated Cane Juice, Salt and Proprietary Spices.  
**No artificial preservatives! No MSG!  
No Trans Fat!**

Indian Pudding



**Ingredients:** Water, Molasses, Corn Meal, Milk, Butter, Evaporated Cane Juice, Salt and Proprietary Spices.  
**No artificial preservatives! No MSG!  
No Trans Fat!**

- *Understandable Ingredients* • *Premium Taste*
- *All-natural Comfort Food* • *Small Batch Integrity*
- *The Promise of Maine*

**Bar Harbor Foods**

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