

Fact Sheet

Background:

Bar Harbor Foods specialty seafood is fresh off the docks of Maine. The taste of Bar Harbor®—the wind, weather and clean, cold water—isn't a flavor that needs improving. Loaded with seafood, like plump mussels, juicy clams, and whole Maine lobsters, Bar Harbor pure, all-natural seafood speaks for itself.

History:

Since 1917, Bar Harbor Foods, formerly known as the East Machias Canning Company and later known as the A.M. Look Canning Company, has handcrafted and handpacked specialty seafood in small batches at its historic cannery in Downeast Maine, the way people on the Maine coast have been doing for generations.

Management:

Since 2003, Bar Harbor Foods has been under the management of President Mike Cote, a natural and specialty foods industry veteran who has led sales, marketing and management for more than 25 years. Most recently, Mike served as Senior Vice President of Sales and Operations at Odwalla/Fresh Samantha, and Vice President of Growth Channels at Pepperidge Farm.

A born and bred Mainer, Mike has always been most at home on the water and lives with Cynthia Fisher and their two Golden Retrievers, Chowda and Bisque, at their home in Downeast Maine, from where they can see the docks and smell the salt air.

Description:

Bar Harbor Foods handpacks its specialty seafood in simple cans within hours of harvesting—no additives or preservatives necessary.

Made with real butter, cream and sherry, Bar Harbor soups, bisques and chowders are hand stirred and simmered just long enough for flavors to meld. Many Bar Harbor specialties are high in protein, calcium, and omega-3, and are mercury-safe.

Products:

Bar Harbor® specialty seafood products include:

- **Authentic Chowders** (Clam, Lobster, Fish, Corn, and Salmon)
- **Downeast Bisques** (Lobster, Clam, Crab, Salmon)
- **Nostalgic Sauces** (Red Clam, White Clam, Newburg, Lobster Newburg)
- **Fancy Seafood Meats & Juices** (Whole Maine Lobster, Maine Mussels, Chopped Clams, Clam Juice)
- **Old Fashioned Beans & Favorites** (Yellow Eye Beans, Soldier Beans, Red Kidney Beans, Pea Beans, Indian Pudding)
- **Premium Wild-Caught Fish** (Hardwood Smoked Wild Kippers, Herring with Cracked Pepper, Herring in Cabernet Wine Sauce, Herring in Stone Ground Mustard Sauce, Herring in Tomato Basil Sauce, Hardwood Smoked Atlantic Mackerel)

For more information, and to get as close to “fresh off the boat” as you can without being here, please visit www.barharborfoods.com.

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